



Nation Sparring Partner Policy

DOCUMENT INFORMATION

Document Title:	Nation Sparring Partner Policy
Date Created:	8 th July 2016
Created By:	Stewart Watson
Position Held:	High Performance Manager
Published Date:	N/A

VERSION CONTROL RECORD

Date	Version	Amendment Summary	Amended by
08/07/16	1	Original	Stewart Watson
15/07/16	2	NS/Injury Sparring Policy	Stewart Watson
19/07/16	2.1	Incorporating Feedback	Stewart Watson
04/08/16	2.2	Code of Conduct	Farhana Rosli
21/04/17	2.3	Attendance Tracking	Farhana Rosli

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1 PURPOSE

The purpose of this policy is twofold. Firstly, to define a procedure for fencers resident in Singapore who are not in the National training or games squads to spar at the NTC with the intent of either improving the overall level of training or to broaden the variety of fencing styles.

Secondly, to define a procedure where fencers visiting Singapore, for example those staying for a few days before or after a local tournament, to spar and train at the NTC with the National training and games squad. This will have three main functions;

1. To encourage foreigners to travel to Singapore to compete in our tournaments as they can stay for a few extra days and participate in training. In the long term helping position Singapore as a hub of fencing in the SEA area.
2. Improve and build relations between Singapore and foreign coaches, fencers and federations
3. Expose our fencers to more and varied styles, which can only help them improve.

2 RESIDENT SPARRING PARTNERS

Detail of the sparring policy that will apply to those who live here in Singapore

The national coaches, High Performance Manager or High Performance Committee (HPE) can nominate to the HPE potential sparring partners that they feel will be of use to the National training;

- These sparring partners must be voted in by the HPE. The criteria considered will include, but not be limited to;
 - Ex-nation athletes (Singapore or other countries)
 - Those currently ranked in the top 8 of their respective category
 - Previously demonstrated fencing of a similar level
- The Sparring partner should be able to commit to a minimum of 4 times per month
- All Sparring partners must be members of a club/school that is affiliated to Fencing Singapore and in good standing with Fencing Singapore.

3 VISITING SPARRING PARTNERS

Detail of the sparring policy that will apply to those who are visiting Singapore for a period of up to a month, longer periods will be subject to approval on a case to case basis.

3.1 APPROVAL PROCESS

The National coaches and the HPM will discuss and give a simple yes/no to the application. If the HPM and or national coaches are not available, the HPE may step in to make the determination.



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4 RESTRICTIONS

Any sparring partner does not have access to one on one lessons with the National Coach only to the group training.

The sparring partner list will be reviewed twice per year at the same time as the training and games squads are selected.

5 POST NS OR LONG TERM INJURY SPARRING PARTNER

5.1 PURPOSE

When an athlete returns from NS or is returning from long term Injury it is not always possible for them to meet the criteria for a direct return to the National Training Squads. The amendment to the National Sparring Policy aim to give these athletes **a trial period** with access to the resources required for them to fight their way back in to the National Training Squads.

Unlike the other sparring partner agreements, the athletes are required to commit to the training hours as listed in the athlete agreements for National Training Squad members as well as addressing any athletic/physiological issues as identified by SSI, see below.

5.2 NOMINATION AND APPROVAL

The National Coaches, High Performance Manager or High Performance Committee (HPE) can nominate to the HPE athletes they believe fall under this provision. The HPE will vote to admit the athlete on this program, the criteria considered will include, but not be limited to;

- The athlete has just returned to fencing from Injury, National Service or some other unavoidable interruption in their training.
- For entry in to this program their ranking will be considered to be as it was when their training was interrupted
- The HPE, HPM and National Coach collaboratively believe that the athlete can reach a high level again and will commit to the program

5.3 COMMITMENT

The athlete must;

- Submit to an evaluation from SSI
- Act upon the results of the evaluation to address and issues found
- Commit to the required training hours, namely either;
 - 2 x mandatory days and 6 more hours at NTC
 - OR 2 x mandatory days and 6 more hours at club/school environment



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5.4 BENEFITS

The athlete gets access to the following;

- After the evaluation the athlete will be informed of areas for physical improvement
- Access to the NTC for sparring and group training
- Access to the National coach for 1 on 1 lessons

5.5 EVALUATION

After the trial period, of 3 months, an evaluation will be held. The HPE and National coach shall discuss the athlete's eligibility to be added to the National Training Squad proper, have the trial period extended by 3 months, be reassigned as a regular sparring partner or be returned to their club for further training and improvement. As a minimum the following criteria will be discussed;

- The National Coaches and HPM's opinion of performance in one on one lessons
- The National Coaches and HPM's opinion of performance in sparring
- Any competition results during the trial period
- Compliance to the training hours
- Progress made to address any issues found during the initial SSI testing

6 ATTENDANCE TRACKING

Clauses that are stated under 'Attendance Tracking' Point 3 in the FS Attendance & Training Policy applies for all Resident Sparring Partners.

7 AUTHORIZED PERSONS

Other than Fencers, Officials of FS, National Coaches and National Partner Coaches may be present at each NTC Training.

Fencers aged 18 and below may be accompanied by a parent/guardian during training at the NTC; the parent/guardian will be required to submit a completed Code of Conduct (Parents and Guardians) (Appendix A) to FS for this privilege.

No other persons should be present at NTC, other than parents/guardians dropping off or picking up Fencers during the first and last 15 minutes of Training.

8 GENERALITIES

Fencers, accompanying adults, National Partner Coaches, and National Coaches will refrain from any form of photography or video recording during Training at NTC.

- The National Coaches and the HPM may from time to time run programs or workshops that benefit the National Training Squad, that require such photography and video recording; in such a case, any recorded media will be made available to those who request for it.



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For Fencers more than 15 minutes late for training, FS reserves the right not to take into account the Fencer's attendance for that day.

- Fencers must email info@fencingsingapore.org.sg and hpm@fencingsingapore.org.sg the reason on why he is late for training.
- Fencers are to also inform the coach in advance, should they be late for training.

APPENDIX A: CODE OF CONDUCT (PARENTS & GUARDIANS)

1. PREAMBLE

- 1.1. This document sets out the code of conduct expected of an accompanying adult who is a parent or guardian (the "Adult") of a Fencer aged 18 and below, at training at the NTC.

2. PRIVILEGES

- 2.1. The Adult may be present for the duration of the Training, at the venue where such an activity is held to observe the Fencer, but only within the designate area(s) permitted by the HPM and other FS officials.
- 2.2. The Adult may speak to, support, help, or otherwise aid the Fencer during lulls in the activity that does not disrupt, distract, or otherwise interfere with the activities of the Fencer, the Fencer's team mates, the Coaches present, and any officials involved in the activities.

3. CODE OF CONDUCT

- 3.1. The Adult shall not distract, disrupt, or otherwise interfere with any official activity that he finds himself accompanying the Fencer to.
- 3.2. The Adult shall not argue, rant, or otherwise conduct himself inappropriately with coaches, referees, umpires, judges, opponents or officials.
- 3.3. When at NTC Training with the Fencer:
 - 3.3.1. The Adult shall cooperate and have open communication with the HPM and other FS officials.
 - 3.3.2. The Adult shall acknowledge that the HPM and other FS officials will be the main facilitators of training logistics and shall abide by their rules and directions within the NTC.
- 3.4. If the Adult performs any of the following, this Code Of Conduct shall be deemed violated:
 - 3.4.1. The sale or distribution of illegal drugs or the illegal sale or distribution of any substance on the World Anti-Doping Agency's (WADA) recognized list of banned substances.
 - 3.4.2. Providing alcohol or cigarettes to a Fencer when the Fencer is under the legal age and therefore prohibited from purchasing or consuming alcohol or cigarettes.



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3.4.3. Any other act, conduct or omission not provided in this code which is detrimental to the image or reputation of FS, Singapore, or which violates a rule established by the FIE, SNOC, or IOC.

4. VIOLATIONS

- 4.1. If the Adult fails to abide by the Clauses set out in this document, this Code of Conduct shall be deemed violated.
- 4.2. Any violation of this Code of Conduct will result in the termination of the privileges of the Adult as set out in Clause 2.

AFFIRMATION: I have read and accept this Code of Conduct and rules, guidelines, jurisdiction and procedures stated in this document as a condition of being authorized to participate as an Accompanying Adult for the Fencer named below.

The Accompanying Adult	The Accompanied Fencer
Name	Name
Signature / Date	



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APPLICATION FOR APPROVAL AS SPARRING PARTNER

Please Submit/Email This Form To:

3 Stadium Drive

NSA Office Singapore 397630

Email : info@fencingsingapore.org.sg

Paste color passport-sized photograph here

Form 5.8.1

Name (including dialect or hanyu pinyin name if any)

(in block letters & underline surname)

Name in Chinese characters (if applicable)

Name of Fencing Club

Position in Club

Weapon

Epee / Foil / Sabre *

NRIC / FIN **

Date of Birth

Sex

Marital
Status

Left / Right Handed *

Email Address

Home Address

S()

Home Tel

HP

Fax

Nationality

Occupation

Name of School / Company

Latest National Ranking

Duration of Sparring



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Fencing Achievements:

Emergency Contact:

Name

Contact Tel

* Delete where appropriate.

** Indicate passport number if fencer does not have neither NRIC nor FIN.

Applicant's Signature / Date

Exco Approval / Date